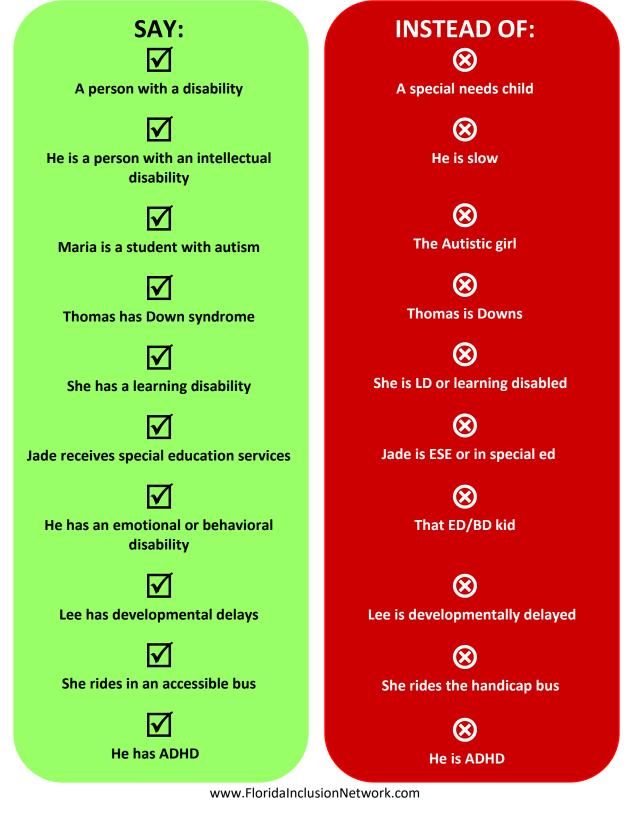
PERSON FIRST LANGUAGE

Rather than using labels to define individuals, person first language (PFL) puts the person before the condition or trait. PFL is about respect and dignity and focuses on the person, not the label.



Disabilities

Try not to always focus on the person's disability. Talk about the person's strength. Instead of focusing on disabilities, talk about their abilities.