

Under the Nevada Administrative Code (NAC) 389.488, a school district or charter school may exempt a student from the physical education (PE) graduation requirement under certain conditions. Section 3 of NAC 389.488 outlines a pre-approved list of club activities and sports that qualify for PE exemptions. Section 4 allows school districts or charter schools to propose adding new activities or sports to this list by submitting an application to the Nevada Department of Education (NDE) for consideration.

To qualify for a PE exemption under Section 3 or Section 4, the following requirements must be met:

- The student must actively participate in an approved competitive club activity or sport listed below;
- The activity must take place outside of the regularly scheduled school day; and
- The student’s participation must be verified by the school district or charter school.

A student may be exempt from one PE credit upon completing 120 hours of participation or from one-half credit with 60 hours of participation. Students shall **not** be awarded or granted PE credits under this regulation.

Permitted activities and sports per NAC 389.488:

- (1) Baseball.
- (2) Basketball.
- (3) Boxing.
- (4) Cheerleading.
- (5) Cycling.
- (6) Dance.
- (7) Diving.
- (8) Equestrian training.
- (9) Fencing.
- (10) Football.
- (11) Gymnastics.
- (12) Golf.
- (13) High intensity interval training.
- (14) Ice hockey.
- (15) Ice skating.
- (16) Lacrosse.
- (17) Martial arts.
- (18) Pickleball.
- (19) Rodeo training.
- (20) Rowing.
- (21) Rugby.
- (22) Skiing.
- (23) Snowboarding.
- (24) Soccer.
- (25) Softball.
- (26) Swimming.
- (27) Tennis.
- (28) Tour biking or mountain biking.
- (29) Track.
- (30) Triathlon training.
- (31) Volleyball.
- (32) Water polo.
- (33) Weight training.
- (34) Wrestling.

Additional activities or sports approved by NDE:

- (1) Archery.
- (2) Bowling.
- (3) Rock climbing.

To submit an application for consideration to add an activity or sport to this list, please [click here](#).