



Secondary Academic 7-12 Endorsement in Physical Education

[NAC 391.13048](#)

1. Complete the general requirements for all educator licenses: [General License Requirements](#)
2. Meet the secondary academic requirements; and
3. **For the comprehensive major:**

Thirty-six (36) semester credits required for a major in physical education must include coursework in each of the following areas:

 - A. Anatomical kinesiology or mechanical kinesiology, or both
 - B. The physiology of exercise
 - C. Testing and measurement of skills and ability in physical education
 - D. The psychological or social aspects of physical education
 - E. Methods and techniques of teaching sports for teams
 - F. Adapted physical education
 - G. Methods and techniques of teaching physical fitness
 - H. Methods and techniques of teaching rhythm and dance
 - I. Motor learning
 - J. Methods and techniques of teaching individual sports and sports that can be participated in at any stage of life
 - K. Methods of teaching secondary physical education; and
 - L. Advanced first aid or an equivalent course of study
4. **For the comprehensive minor:**

Twenty- four (24) semester credits required for a minor in physical education must include coursework in each of the following areas:

 - A. Anatomical kinesiology or mechanical kinesiology, or both
 - B. The physiology of exercise
 - C. Methods and techniques of teaching physical fitness
 - D. Methods and techniques of teaching individual sports and sports that can be participated in at any stage of life
 - E. Methods and techniques of teaching sports for teams; and
 - F. Motor learning

Note: A one (1) credit activity course in dance, weight training or a sport such as basketball, baseball, track or tennis is not acceptable in meeting the requirements for a comprehensive minor in physical education.