Resource Mapping Checklist
Use this checklist to identify mental health resources that are part of your continuum of support. This list is a starting point that can be adapted as necessary to fit your context. The resource map that you create can be used to compare current programming to student needs and to identify gaps in support.

What school mental health resources should I include?

	Clubs/sports/after school activities		School-wide behavior expectations
	Check in Check Out		Sensory regulation spaces
	Individual and small group counseling		Social & emotional Learning Curriculum
	Non-violent crisis intervention strategies		Transition Supports
	Peer to peer support/mentoring		Trauma-Sensitive Practices
	Restorative practices		Wraparound
	School-Based mental health providers		Other:

What local resources should I include?

	After School Care		Food Resources
	Boys & Girls Club		Housing/shelters
	Child care/preschools		Hospitals
	CESA		Legal Assistance Groups
	Crisis Hotlines		Mental health providers (outpatient)
	Crisis Services		NAMI contacts
	Day Treatment Programs		Parent Peer specialists
	Dentists/orthodontists		Police
	Department of Human Services		Primary Care physicians/Pediatricians
	Domestic Violence Resources		Psychiatrists
	Economic Supports		Psychological testing
	Emergency rooms		Recreation Programming
	Enrichment Activities/programs		School numbers including counselors, office
	Faith-Based Supports		Sports, Health and Fitness Groups

	Family Supports and Advocacy		Substance Abuse services and groups
	Food resources		Tutoring
	Housing/shelters		Urgent Care facilities
	Hospitals		Veteran's Services
	Inpatient Mental Health Services		Volunteer organizations
	Institutions of higher education		Youth groups

What other information do we want to gather from each resource?

	Name of provider		Hours of service
	Website		Payment/insurance/sliding scale fees
	Address		Description of services/specialties
	Bus routes that go to this location		Key contact person
	Phone/fax number		Other: