

# Getting Ready For Kindergarten

As parents and caregivers, you have a very important role as your child's first teacher; you are also the expert on your child's strengths and skills. Here are some tips to encourage readiness for your child's transition to Kindergarten.



## THINGS TO EXPLORE & ENCOURAGE



### SPEAKING & LISTENING

Encouraging a two way conversation about a question from the child, a curiosity, or an interest

Gathering information from listening

Using what you have learned from listening

Parent Tips:

- Practice having your child repeat what is being said if you are giving 2 or 3 step directions
- Have your child face towards the person they are having a conversation with.
- Encourage using complete sentences.
- Work on not interrupting others when speaking
- Encourage the child to share a thought about an object or things around them.
- Honor your child's thoughts, opinions and reasoning.



### LIFE SKILLS & SOCIAL EMOTIONAL LEARNING

Basic Needs

- Friendship skills
- Eating/Drinking
- Toilet Skills
- Access/alert adult for help

Parent Tips:

- Practice washing hands and using the toilet independently.
- Practice opening and closing food packages and water bottles.
- Practice zipping and buttoning clothes and putting on jackets
- Work on sharing toys, taking turns, and having conversations.
- Encourage your child to go to an adult if they need help, and practice what to say.



### CONTENT

Math

- Count objects to 10.

Literacy

- Identify and write letters in your child's name.

Parent Tips:

- Point out and name letters in signs, on packaging such as cereal boxes or a bag of chips, in books, etc.
- Point to pictures, letters, numbers, and shapes in books, or your environment. Ask questions such as, "What do you see?" or "Which one is your favorite?"
- Count toys or collections (stickers, buttons, rocks). Count aloud in the car, on the way to the grocery store, or on a walk.
- Use a highlighter to write your child's name and have them trace the letters. Name each letter aloud as you write it.
- Read or tell stories orally to your child and let them turn the pages. Make up stories together.