



## Elementary and Middle School Physical Education

### [NAC 391.096](#)

1. Complete the general requirements for all educator licenses: [General License Requirements](#)
2. Bachelor's or more advanced degree from an accredited college/university; and
3. Fifty-eight (58) semester credits of coursework in professional studies in physical education for elementary or middle school grades, consisting of:
  - A. Eighteen (18) semester credits to include coursework in each of the following areas of study:
    1. Anatomical kinesiology or mechanical kinesiology, or both
    2. The physiology of exercise
    3. The psychological or social aspects of physical education, or both
    4. Motor development
    5. Testing and measuring skills and abilities in physical education; and
    6. Advanced first aid or an equivalent course of study
  - B. Eighteen (18) semester credits in teaching elementary physical education, including without limitation, teaching:
    1. Adaptive physical education
    2. Rhythmic activities for pupils in elementary grades
    3. Movement experiences for pupils in preschool and primary grades; and
    4. Movement experiences for pupils in intermediate grades
  - C. Twenty-two (22) semester credits of professional education to include:
    1. Foundations of education
    2. Methods of teaching in elementary physical education; and
    3. Eight (8) semester credits in supervised student teaching of physical education for pupils in elementary or middle school grades
4. An elementary and middle school physical education license issued in accordance with this section authorizes the holder of the license to teach only physical education to pupils in elementary or middle school grades
5. A person is not required to hold an elementary and middle school physical education license to teach physical education to pupils in elementary or middle school grades. The provisions of this subsection do not prohibit a school district from requiring an elementary and middle school physical education license as a requirement for employment to teach physical education in that school district