

## **Purpose and Scope**

This regulation is established by the Nevada State Board of Education to set guidelines and guardrails for high school start times in all school districts and charter schools within the state. The regulation applies to all public high schools, including charter schools and districts with high schools that currently begin prior to 8:00 AM.

### **Section 1: Options for Schools with Early Start Times**

- School districts and charter schools that currently have high schools with start times before 8:00 AM must provide alternative options to families and students. These options shall be aimed at addressing the potential negative impact of early start times on student health, well-being, and academic performance.

### **Section 2: Survey of School Community**

- Each school district and charter school with high school start times before 8:00 AM shall conduct a comprehensive survey of each individual school's community, that is representative of the student body. The survey will gather feedback on current start times and preferred options for adjusting start times, considering various factors such as transportation, extracurricular activities, and family needs.

### **Section 3: Waiver System**

- The State Board of Education shall develop and implement a waiver system for high schools that face unique challenges in modifying their start times. School districts and charter schools seeking a waiver must submit their application to the State Board of Education no later than November 15 of each school year for consideration for the upcoming school year.
- Waiver applications must demonstrate a compelling need for non-compliance with the regulation and include a detailed plan to address the challenges faced by the school or district. The State Board of Education will review each application on a case-by-case basis, considering the best interests of the students and the school community.

### **Section 4: Gradual Implementation Plan**

- The implementation of high school start time options shall commence in the 2024-2025 school year, with a gradual approach to allow for smooth transitions and adjustments.
- In the 2024-2025 school year, 35% of high schools within each district and charter school must offer alternative start time options or start later than 8:00 AM. Each subsequent school year, an additional 25% of high schools will be required to implement start time options until all high schools comply with the regulation or have received an approved waiver from the State Board of Education.

**Section 5: Reporting and Evaluation**

- Each school district and charter school with high school start times before 8:00 AM shall submit an annual report to the Nevada State Board of Education summarizing each individual school’s community survey results (of high schools with start times before 8:00 AM), detailing the progress of implementing start time options, and any challenges faced during the process on November 15 of each school year.
- The State Board of Education will conduct regular evaluations of the impact of the regulation on student outcomes, academic performance, attendance, and overall student well-being. Based on the evaluation results, the Board may make necessary adjustments to the regulation.

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